OB-GYN, P.C.
ANNUAL UPDATE FORM

Name _____ Date _____

Date of Birth _____

Gynecological Update

First day of last menstrual period	Periods are ❑ Regular ❑ Irregular	Periods are ❑ Light ❑ Average ❑ Heavy	Are periods painful? ❑ No ❑ Yes Medication used _____

What is your sexual preference? ❑ Men ❑ Women ❑ Both

Number of Sexual Partners in the past 3 months: _____male(s) _____female(s)

Sexual Practices: ❑ Vaginal ❑ Anal ❑ Oral ❑ None

Method of Contraception: _____

Condom use: ❑ Always ❑ Usually ❑ Sometimes ❑ Never

Current Medications (please list name of medication and dosage): _____

Allergies/Sensitivities to Medications, food, latex (please list): _____

Have you had any surgeries since you were here last? ❑ Yes ❑ No

Have you had any surgeries or pregnancies since you were here last? ❑ Yes ❑ No

Social History

Relationship status: ❑ Single ❑ Engaged ❑ Married ❑ Divorced ❑ Widow ❑ Same Sex Partner

Do you feel safe in your relationships? ❑ Yes ❑ No

Are you in a relationship where you are being physically, sexually, or emotionally hurt or threatened? ❑ Yes ❑ No

Are you afraid to return to where you are living? ❑ Yes ❑ No

Do you use Tobacco now? ❑ Yes ❑ No	Type:	Daily amount:	How long?
Have you used Tobacco in the past? ❑ Yes ❑ No	Type:	Daily amount:	How long?
Do you use alcoholic beverages? ❑ Yes ❑ No	Type:	Weekly Amount:	How long?
Do you drink caffeinated beverages? ❑ Yes ❑ No	Type:	Weekly Amount:	How long?
Do you use recreational drugs? ❑ Yes ❑ No	Type:	Weekly Amount:	How long?
Do you exercise? ❑ Yes ❑ No	Type:	How often?	How long?

Review of Systems:

Indicate if you have experienced any of the following symptoms in the past 2 weeks:

		No	Yes
Constitutional	Fever		
	Weight loss/weight gain		
	Night Sweats		
	Fatigue		
Head/Ears/Nose/Throat	Headaches		
	Decreased hearing		
	Hoarseness		
	Frequent Nosebleeds		
	Dentures		
	Dental checkup		
Breasts	Lumps		
	Tenderness		
	Nipple Discharge		
	Breast skin change		
	Swelling		
	Redness		
Heart	Chest pain		
	Irregular heart beats		
	Rapid heart rate		
	Syncope		
Lungs	Shortness of breath		
	Cough		
GastroIntestinal	Abdominal pain		
	Nausea		
	Vomiting		
	Diarrhea		
	Constipation		
	Heartburn		
	Blood in stools		

		No	Yes
Kidney, Bladder	Painful urination		
	Urgency		
	Frequency		
	Incontinence		
	Getting up at night to urinate		
	Blood in urine		
Genitals	Pelvic pain		
	Vaginal discharge		
	Painful periods		
	Painful intercourse		
Skin	Rash		
	New skin lesions		
Neurologic	Muscular weakness		
	Tingling		
	Numbness		
Musculoskeletal	Muscle pain		
	Joint pain		
	Back pain		
Endocrine	Hot flashes		
	Loss of hair		
	Hirsuitism		
Psychiatric	Anxiety		
	Depression		
	Memory loss		
	Mood changes		
Heme-Lymph	Easy bleeding		
	Easy bruising		

Provider Signature _____ **Date** _____